

## Saints / Feast Days this week

• Monday 8th:	Nativity of the BVM
<ul> <li>Tuesday 9th:</li> </ul>	St Ciaran
• Wednesday 10th:	St Peter Claver;
	Blessed Frédéric Ozanam
<ul> <li>Friday 12th:</li> </ul>	St Ailbhe; Most Holy Name of Mary
• Saturday 13th:	St John Chrysostom.

Please pray for the happy repose of the soul of Tn Sympathy Ann Ryan, Ballyvannon, whose funeral took place during the week. We extend our sincere sympathy to her husband Jimmy, children Fiona, John, Seamus and William, brothers Donal and Pakie, sisters Mary, Teresa, Noreen, Breeda and Geraldine, and all her extended family, friends and neighbours. May she rest in peace.

"Why Sunday Matters": As we journey together through this Jubilee Year of Hope, we, the Irish Bishops, warmly invite all Catholics to reflect on the profound gift of Sunday Mass. This special year offers a unique opportunity to rediscover the heart of our faith and, for those who have been away, to return with renewed joy to the celebration of the Eucharist. Sunday - the day of the Lord - has always held a central place in the life of the Church. It is the day of resurrection, rest and Eucharist. It is the day when we gather as a community, united in our love for Christ, to encounter the risen Lord and be nourished in body and soul. In this document, we reflect on the immense significance of Sunday Mass not simply as a ritual, but as the source and summit of our faith. Here, we meet Christ in His living presence and are strengthened to live as His disciples. Attending Sunday Mass, or its vigil on Saturday evening, is more than a duty; it is a sacred privilege and a chance to be renewed by God's love. We invite you to explore this message with an open heart, and to embrace the precious gift of Christ's presence among us in the Eucharist. 'Why Sunday Matters" leaflets available in the churches.

Going inwards to work outwards: Often when people think of meditation and prayer they think of it as an escape from the world and responsibilities. For Ignatius the inner journey of confronting his demons and finding God led eventually to a great compassion for the poor and the suffering. There is a value in becoming aware and conscious of your 'inner world' of feelings and desires. It helps you to navigate the complexity of the objective 'outer world'. Your actions have significance; it is important what you do, and there is meaning and truth to be found. All is not relative or subjective. God normally is inviting us to take some concrete step of action to help others. The world needs you to be a responsible, active agent for change and justice

St. Cronan's 10th Century Church in Tuamgraney is still open to visitors from 10am to 5pm daily until the end of September. There is a free 6 minute audio visual presentation to view by just clicking a button inside the door. All are welcome to visit this historic building.



Bodyke GAA Lotto in now online at www.klubfunder.com/Clubs/bodykegaa/lotto There was no Jackpot winner of the September <sup>2</sup>2nd draw. Counties drawn: Clare, Leitrim, Longford, Roscommon. €35 winners: Paul & Bobby Boland, Ian Molloy, Ian Walsh. €30 winners: Damien Healy, Joe Heaney, Ogonnelloe Hurling Club. The next draw is on September 16th in the Cobbler's Rest. The jackpot is €16,800. See https://www.klubfunder.com/ Clubs/Bodyke GAA/lotto for tickets. Thank you for your continued support.

**TDA Lotto Draw:** Congratulations to our August lotto winners: Main lotto Tom Cassidy with number 9; Lotto+1 Bill & Christine Bleach with Number 5; Lotto+2 Kate Doyle with number 28. A big thank you again to everyone taking part in supporting TDA. The next draw is on September 27th. *Please note: The next TDA meeting will be on Monday* September 8th at 8pm in the Parish House Tuamgraney.

There will be an Information Afternoon hosted by the Clare Older People's Council, with support from the Clare Age Friendly Programme on Tuesday 9th September from 2pm to 4pm in Ogonnelloe Community Centre, with informative talks and uplifting moments. All are welcome!

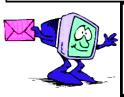
Classes in music and dancing have resumed in Cnoc na Gaoithe, Tulla. All information on our Facebook page or phone 087 8350996.

The Irish Blood Transfusion Service is urging people in the areas to donate blood following the recent spell of hot weather, which has led to a noticeable drop in donations. There will be a Blood Donation Clinic in Scariff GAA Hall on Tuesday 9th September from 4:50pm to 8:10pm. New and returning donors welcome. Please phone 1800 222 111 for appointment.

Reflection

## Beatitudes

Blessed are those who realise that they cannot live on bread alone but need the word of God too: they will be fully nourished. Blessed are those who, when they have sinned, follow the example of the prodigal son, and come back home to seek reconciliation: they will cause heaven to ring with joy. Blessed are those who stop to attend to a wounded neighbour, pouring in the oil of compassion and the wine of hope: they are the Good Samaritans of today. Blessed are those who remove the plank from their own eyes before telling their brother to remove the splinter from his: their efforts at reforming others will bear fruit. And blessed are those who, having put their hand to the plough, refuse to look back: they will be found worthy of the Kingdom.



**Newsletter Deadline:** News items for inclusion in the Parish Newsletter should be with the Parish Office by 9.00am on Thursday. Email: bodykeparishnewsletter@gmail.com or Tel: 087 - 1498763 website: www.bodyketuamgraneyparish.ie