

Saints /	Feast Days this week	Bereaved by Suicide			
Monday 2nd:	St. Basil the Great;	The Christmas Season can be a difficult time for			
	St. Gregory Nazianzen.	people bereaved by suicide. Clare Suicide			
 Tuesday 3rd: 	St. Munchin;	Bereavement Support volunteers are available to			
• rucsday ord.	The Most Holy Name of Jesus.	help you. Support and help is only a phone call			
Wednesday 4th: St. Elizabeth Ann Seton.Thursday 5th: St. John Neumann;		away. You could phone us at one of our numbers given below and we will take it from there. We promise complete confidentiality.			
				St. Charles of Mount Argus.	086 0565373. 087 3698315.
			• Friday 6th:	Epiphany of the Lord.	www.claresuicidebereavementsupport.com
 Saturday 7th: 	St. Raymond of Penyafort.	ALHomecare is in business for 9 years. We work with			
As we enter into a New Year, the late Brendan Kennelly's lovely poem "Begin" is an apt reflection for this January 1st: Begin again to the summoning birds to the sight of the light at the window, begin to the roar of morning traffic all along Pembroke Road. Every beginning is a promise born in light and dying in dark determination and exaltation of springtime flowering the way to work. Begin to the pageant of queuing girls the arrogant loneliness of swans in the canal bridges linking the past and future old friends passing though with us still. Begin to the loneliness that cannot end since it perhaps is what makes us begin, begin to wonder at unknown faces at crying birds in the sudden rain at branches stark in the willing sunlight at seagulls foraging for bread at couples sharing a sunny secret alone together while making good. Though we live in a world that dreams of ending that always seems about to give in something that will not acknowledge conclusion insists that we forever begin.		hundreds of families and we have nearly 300 carers working nationwide. It is a safe and affordable alternative to nursing homes and private visiting carers which we are aware are in serious short supply especially at this time of the year in your area as cold and wintry weather approaches. 6,000 people who have been approved for funded home care from the HSE have had to be put on a waiting list because of a shortage of carers. ALHomecare is an option as we know that choosing the right care for your relative is a very important decision. You naturally want the best quality care at an affordable price. We understand that homecare can be very expensive and can put a lot of stress and worry on individuals and their families. We aim to provide you with the highest quality live-in homecare at an affordable price. Contact Tom 087 7440729 or Eileen 087 9916791 who will be happy to chat anytime. Irish Red Cross have a community support vehicle available for patient transport, as mobile first aid station and other humanitarian services. Contact Irish Red Cross Clare on 086 8323456 for more			
		TFI Local Link Bus Route C1 to Ennis has pick up			
		points at Niland's Shop Tuamgraney and at Bodyke Church. Copies of timetable are available locally.			
		Getting married in 2023? Accord Pre Marriage Courses available face to face in Ennis on 20th January 2023 and 17th February 2023. Bookings on www.courses.accord.ie			
BODYKE GAA & CAMOGIE CLUE	. For 2023 the jackpot is	Reflection			
Annual Lo	tto with 20 draws of €500.	Prayer for the New Year			
Membersh		Lord, grant us in all our tasks your help,			
2023	6th February 2023.	in all our doubts your guidance,			
Guarantee your entry to fo draws in 2023 with great	prizoe	in all our weaknesses your strength,			
 Jackpot of up to €10,000 	€20,000 is won before the 6th February 2023 the	in all our dangers your protection,			
- 20 Lucky Dips of €500-New 1	Fickets Only above is null and void and	and in all our sorrows your consolation.			
 Match 3 Counties win or sha Two quick-pick prizes of €50 		Give us the kind of faith			
 Two quick-pick prizes of €50 weeks if not won 	the main jackpot.	that will enable us to live our joyfully			
- Full yearly membership €50		the mystery of our fragile human condition, which sees us suspended between earth and heaven, between time and eternity, between nothingness and infinity. Amen.			
Are you struggling to make ends meet? Are you worried about money you owe to lenders, credit cards, banks and mortgage lenders? For free, confidential and independent advice please contact the Clare MABS on 0761 072430 or email us at ennis@mabs.ie					



Newsletter Deadline: News items for inclusion in the Parish Newsletter should be with the Parish Office by **9.00am on Thursday.** Email: **bodykeparishnewsletter@gmail.com** or Tel: **087 - 1498763** website: **www.bodyketuamgraneyparish.ie**