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Saints / Feast Days this week• Tuesday 11th:St Benedict, Patron of Europe• Wednesday 12th:Ss Louis & Zelie Martin, parents of St. Thérèse of Lisieux• Thursday 13th:St Henry• Friday 14th:St Camillus de Lellis; St Kateri Tekakwitha, patron of environment and ecology	Bodyke GAA Lotto in now online at www.klubfunder.com/Clubs/bodykegaa/lotto There was no Jackpot winner of the June 26th draw. The next draw is on Monday July 10th at 9pm. The jackpot is €11,100. Please note the cut off time for purchasing online lotto tickets is 10pm on Sunday July 9th. Any lotto tickets purchased online after this cut off time will be entered into the next draw.
Saturday 15th: St Bonaventure; St Swithin's Day. The current rotas for Readers and Eucharistic Ministers (up to August 26th/27th) are now available in both churches and on the parish website under groups.	ALONE Support and Befriending is a supported one-to-one relationship between a volunteer and an older person who has been linked in with ALONE. It provides companionship and practical support to older people who would like extra social contact through a weekly
During July and August there will be no Saturday vigil mass in Ogonnelloe. The 11am mass on Sundays will continue in St Molua's until the end of July and will move to St Mary's in August. Saturday vigil mass will resume in September. National Grandparents Pilgrimage to Knock Shrine	volunteer visit. The Support and Befriending service is designed to reduce feelings of isolation and loneliness, provide assistance to solve everyday problems and enable older people to feel secure at home. Visit www.alone.ie for more details and to sign up. If you have concerns about your own wellbeing or you are an older person who would like to receive ALONE's Support & Befriending services, contact ALONE on 0818 222 024 from 8am – 8pm, seven days a week.
 will take place on Sunday July 23rd, with Anointing of the Sick at 2.30pm in the Basilica and Pilgrimage Mass at 3pm. followed by the Rosary Procession. See posters for more details. LOUGH The Lough Derg Pilgrimage Season is now open with one day retreats taking place during August and September and three day 	Raheen Day Centre welcomes new referrals at any time. If you or someone you know would like to avail of this service where you can meet people, avail of hairdressing, chiropody, music sessions, advocacy support and a hot meal please call Áine on 061-923215 for further information.
pilgrimages taking place during July and August. For more information call 071 9861518, email: info@loughderg.org or visit the website: www.loughderg.org <i>More information on posters in churches.</i> Mountshannon Celtic are hosting an FAI Soccer Camp in Scariff from Monday 7th August to Friday	The Annual Pioneer Pilgrimage to Knock will take place on Sunday 16th July. Mass at 3pm with Anointing of the Sick beforehand at 2:30pm. Newsletters & Emblems available at PTAA stand in St John's Rest & Care Centre or via www.pioneers.ie
11th August for boys and girls aged 6 to 13 years. Booking available on www.faifootballcamps.ie	Reflection
Scariff Further Education Campus Applications are now being accepted for full and part- time courses commencing in early September at Scariff Further Education Campus. For further information please call 061 640760, go to www.collegeoffet.ie/ scariff or drop in when passing.	Disturb us, O Lord Disturb us, O Lord, when we are too well pleased with ourselves; when our dreams have come true because we dreamed too little;
Helplines • ALONE (for older people) 0818 222 024 • Women's Aid Helpline 1800 341900 • Pieta: 1800 247 247 or text HELP to 51444 • Clare Haven 065 6822435 • Samaritans Ennis 065 6829777 • St. Vincent de Paul, East Clare 086 3921492	when we have arrived safely because we sailed too close to the shore. Stir us, O Lord, to dare more boldly, to venture more seas, where storms shall show your mastery, where losing sight of land we shall find the stars.
Meditation and Self-Care on Tuesdays from 7pm to 8pm in the East Clare Community Co-Op Scariff. Contact Graham on 087 9596326 for more information.	In the name of him who pushed back the horizons of our hopes and invited the brave to follow him. Amen. 5 items for inclusion in the Parish Newsletter

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should be with the Parish Office by **9.00am on Thursday**. Email: **bodykeparishnewsletter@gmail.com** or Tel: **087 - 1498763** website: www.bodyketuamgraneyparish.ie